

20 x 10 2 vs. 2

AGE LEVELS U8

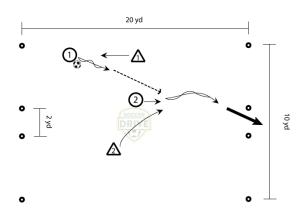
U10

CATEGORIES Dribbling

Small Sided Games

EQUIPMENT

1 ball 4 players 20 x 10 yd field



DESCRIPTION

- Make two fields at 20x10 yards. Place 2 yd goals on each endline
- Players play 2v2 on field
- If goal go out at sideline, throw-in or kick-in to get ball back in play (coach choice)
- After goal is scored, play is restarted with a goalkick

COACHING POINTS

» None. Let the players play and make mistakes. Only intervene if it is taking too long to get ball back in play.